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Sample Essay on Nursing Professionalism

Background information: A definition of professionalism is "a code of conduct exemplifying courtesy, fairness, honesty and respect for others."

Every profession has certain rules its members must follow. Nurses are no different in this regard. Nurses have an ethical obligation to treat all patients with dignity and respect. Their behavior should always demonstrate integrity, compassion and concern for the patient's welfare.

Patients trust their nurses with some of their most sensitive information; nurses need to keep that data private unless they get specific permission from the patient to share it (with other healthcare workers). This demands not only discretion but also accuracy; what the nurse shares about the patient needs to be accurate or else it could seriously damage person's reputation or cause them embarrassment.

Nurses must always tell the truth; there is no excuse for lying. It is important for nurses to remember that a lie can be a single word or a short phrase. Nurses should never take advantage of their position and conversely, they should not accuse others of being dishonest if the situation doesn't call for it. The nurse-patient relationship needs to remain respectful at all times.

When caring for patients, nurses need to keep in mind that they are responsible not only for the patient's physical comfort but also for their emotional well-being. The way a nurse interacts with patients goes a long way toward determining how much pain the patient feels and whether or not he or she will fully recover from an illness or injury.

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In addition to being professional, nurses should also strive to be as knowledgeable as possible about the latest developments in the nursing field. Continued education is especially important for those working with specific patient populations. In fact, ongoing education is a requirement for many nurses. Nurses can seek out continuing education options through academic courses offered by colleges and universities or through other non-traditional programs such as online seminars or webinars. It is important that a nurse not only has knowledge of current research and best practices but also knows how to properly apply them to nursing situations.